

HOSPITAL-BASED ACADEMIC RECOVERY

STRATEGY & GUIDELINES

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Purpose

The purpose of this document is to articulate guidance for organizations (Hospitals and Academic Institutions) in preparing for, and when appropriate, beginning to recover hospital-based academic activities, while ensuring the safety of staff, learners and patients.

It is intended that organizations will each establish organization-specific recovery plans aligning the clinical, operational, education and research needs of the specific organization, as well as the organization's affiliation and partner agreements.

Given the complexity and uncertainty of the COVID-19 Pandemic, this iterative document will be adjusted as information emerges and recovery activities increase.

Executive Summary

As governments and various industries begin to establish plans and guidelines for reopening the economy, Toronto Academic Health Science Network (TAHSN) organizations are considering opportunities to safely recover education and research activities. Based on their shared academic mission, TAHSN organizations are exploring a consistent approach, where possible, to recover hospital-based academic activities, which includes restarting research and reintegrating learners into hospital-based placements.

Since the onset of the COVID-19 pandemic, TAHSN Education (TAHSNe) and TAHSN Research (TAHSNr) Committees have coordinated efforts with respect to pausing learner placements and scaling back non-essential research and education activities. Through their respective structures, each committee developed plans to reconvene activities using a controlled and phased approach.

The core focus of leadership across TAHSN is to ensure the safety of patients, staff and learners. This approach recognizes that any changes in city or provincial guidelines, in hospital operations, or in COVID-19 cases and projections, including a potential resurgence of COVID-19, will influence decision-making around restarting activities, scaling back, and if needed, re-pausing activities. TAHSN activities related to academic recovery will adhere to all applicable local, provincial and federal public health directives, guidelines, and direction from Ontario Health, in planning the timing and sequencing of recovery.

The principles and guidelines included in this document are aligned with, and build on, existing affiliation agreements between Hospitals and Academic Institutions, as well as strategically align with regional and provincial recovery planning (i.e., Toronto Region COVID-19 Clinical Recovery Table Recommendations, Province of Ontario's Framework for Reopening our Province, and Ontario Health's A Measured Approach to Planning for Surgeries and Procedures During the COVID-19 Pandemic).

This document begins with guidance overarching academic recovery and moves into specificity for reintegration of learners and restarting research (including guidance on reintegration of research trainees). Within each of the two streams, each section highlights:

- **Guiding Principles:** highlights the overarching concepts guiding academic recovery, restarting research and reintegration of learners.
- **Planning:** identifies organizational-level planning practices for the organizations to consider in preparation for recovery of academic activities.

- **Approach:** offers a phased-approach to academic recovery for organizations to consider as organization-specific plans are developed.

Guiding Principles for Academic Recovery

The following principles have been identified as the overarching, fundamental concepts to guide decision-making and activities related to hospital-based academic recovery during the COVID-19 pandemic.



Approach Summary

This section summarizes the proposed phases for academic recovery. For detailed approaches to [reintegration of learners](#) and [restarting research](#) activities (including reintegration of research trainees), please refer to the respective sections in the document.

This phased approach enables organizations to recover academic activities safely, while appreciating local capacity and needs. The suggested phases below are designed to inform planning efforts of individual organizations. Organizations may have different numbers of phases, timelines and/or different targets for volumes and occupancy, depending on their unique circumstances. All phases are reversible and/or could be accelerated should external or internal circumstances change.

Considerations

To restart any activities, factors such as the spread of COVID-19 and the ability to implement protective and preventative measures in the hospitals should be considered:

- A consistent decrease over a period of time in new daily COVID-19 cases and hospitalizations.
- Sufficient acute and critical care capacity, including overall workforce availability.
- Confirmed critical supplies, including PPE which is targeted for a rolling 30-day stock on-hand, that includes the current usage rate plus the forecasted additional academic recovery requirements.
- The organization’s overall ability to mitigate a resurgence.

Phase	Education	Research
0	Organizational planning and preparing for academic recovery.	Organizational planning and preparing for academic recovery, while maintaining current state/status quo.
1	Initial recovery of in-person educational activities with target learner volumes established by organization based on onsite-capacity and learner needs. Virtual and simulated learning opportunities will continue and may expand.	Initial recovery of research activities, where research areas will have an estimated ~ 20% of onsite occupancy at any one time.
2	Further recovery of in-person educational activities with target learner volumes established by organization based on onsite-capacity and learner needs. Virtual and simulated learning opportunities will continue and may expand.	Ramping-up research activities, where research areas will have an estimated ~ 40% of onsite occupancy at any one time.
3	Recovery of in-person educational activities with target learner volumes established by organization based on onsite-capacity. This is essentially running at full learner/educational capacity but, in practice, day to day onsite learner volumes may be down as learners may be involved in virtual and simulated learning opportunities.	Research areas will have an estimated ~ 50%-60% occupancy (or an organizational target) at any one time. This is essentially running at full capacity but, in practice, day to day occupancy is down by 40%-50% as people are encouraged to work from home when possible, to organize work bursts for experimental activities, stagger hours, and to move to collaborative efforts where possible.

Note: research trainees are included in the research suggested occupancy levels.

Section One: Learner Reintegration

Introduction

On March 16 2020, the TAHSN Education (TAHSNe) Committee implemented a coordinated approach to pause all academic (unpaid, clinical and non-clinical) learner placements in TAHSN Hospitals until April 6 2020, and has since extended the date to July 6 2020. Learners with employment relationships within a TAHSN Hospital have continued with their placements and/or rotation, often through virtual opportunities and/or redeployment activities.

As hospitals start to consider beginning some regular business activities, there are opportunities to prepare for reintegrating learners into hospital-based placements, both virtually and physically. Readiness should be determined at the individual hospital level, in collaboration with local hospital departments and units, as well as the Academic Institutions.

Guided by the [Guiding Principles for Academic Recovery](#) and [Reintegrating Learners](#), organizations should consider the elements outlined under [Organizational Planning for Reintegrating Learners](#), including development of organization-specific plans for recovery and monitoring of activities. Hospitals should complete the **Reintegration to Clinical Environments (RICE) Feasibility Assessment** ([Table 1](#)) to ensure key assessment criteria have been considered for learner reintegration. Once completed, hospitals should collaborate with appropriate contributors (e.g., academic institutions, clinicians, occupational health & safety) to identify potential barriers and mitigate risks for proceeding with creating a plan to enter the next phase of learner reintegration, using the **RICE Planning Tool** ([Table 2](#)) as a guide. ***Given the highly complex nature of the academic healthcare system, this framework is a guide to aid in collaborative decision-making and may be adapted for local use.***

In alignment with hospital-based preparedness activities, academic institutions should complete the Learner Prioritization Template ([Table 4](#)) to support program planning efforts, determine learners needs and inform collaborations with hospital partners.

These guidelines propose that careful consideration of many factors alongside collaboration with internal, local and regional partners is required for a safe and successful reintegration of learner activities during the COVID-19 pandemic.

Please refer to the [Restarting Research Section](#) for [guidelines](#) related to integrating research trainees.

Guiding Principles for Reintegrating Learners

Building on the [Guiding Principles for Academic Recovery](#), these additional principles are designed to guide decision-making and activities related to reintegrating learners in hospital-based placements.

- **Safety and Well-being:** The Hospitals and Academic Institutions are, and must remain, committed to the safety and well-being of patients, health professionals, staff, researchers, learners and our community.
- **Collaboration & Partnerships:** Practices for recovery of academic activities are grounded in collaboration, a sense of community and togetherness. As partners, hospitals and academic institutions should share and coordinate resources and best practices to ensure continued progress and advancement, and to minimize duplication of efforts.

- **Equity & Fairness:** Organizations should strive to be fair and equitable when exploring opportunities for recovery of academic activities and consider structures unique to different groups in research/education settings.
- **Resources & Capacity:** Organizational capacity (e.g., Personal Protective Equipment (PPE), people capacity and supports, physical space, ancillary services, etc.) must be available before the resumption of the academic recovery process. Recovery of any academic activity should not hinder or impede an organization's ability to mitigate and handle a surge and provide care.
- **Communication & Transparency:** Practices and decision-making for academic recovery should be clearly articulated to all stakeholders, such as staff, learners and patients.
- **Patient Care:** Opportunities for clinically facing learner placements are guided by patient care activities. Learner presence and participation optimizes patient care experiences and provides valuable contributions to patient care activities.
- **Flexibility & Creativity:** Circumstances may shift as the situation unfolds (i.e., redeployment of staff, capacity changes, second pandemic wave), and may require flexibility in responding to education activities, where new approaches to learner placements may be required. Each organization will respond and recover according to local context, setting, location, needs and organizational directions.
- **Learning & Supervision:** Learners should be appropriately supervised to support valuable/safe learning experiences aligned with academic competencies and or/relevant learning objectives and evaluations. Supervisors/clinical faculty should also be appropriately supported to enable high quality learning, in clinical care/learning environments.

Organizational Planning for Reintegrating Learners

These planning items identify organizational practices for the Hospital and Academic Institutions to consider in preparing for reintegrating learners in placements.

Individual Hospital

1. The Hospital should adhere to all applicable local, provincial, and federal public health guidelines, directions from Ontario Health, the Ministry of Health and regulatory body directives (as appropriate).
2. The Hospital should ensure alignment with existing affiliation agreements and contracts with Academic Institutions.
3. The Hospital should ensure a manageable, stable rate of disease burden prior to restarting hospital-based academic activities.
4. The Hospital should seek endorsement from Hospital Leadership, Infection Prevention & Control Leads, Occupational Health & Safety and Professional Practice Leaders to reintegrate learner activities.
5. In alignment with provincial directions and guidelines, the Hospital should have clear policies and processes related to pandemic activities such as social distancing (e.g., limited persons per space) additional precautions and PPE requirements, return to work post-travel, work from home policies and occupational health and safety requirements (e.g., screening processes for new and returning staff/learners, staff exposure policy).
6. The Hospital should ensure necessary capacity of resources such as Occupational Health & Safety, Human Resources, Ancillary Services (e.g., IT).
7. The Hospital should ensure appropriate supply of Personal Protective Equipment (PPE) and other critical resources (e.g. hand sanitizer, swabs) in alignment with the organization's PPE conservation and use strategy, both during and post-pandemic.

8. The Hospital should ensure additional preparation for staff, physicians, and learners as they return to work to ensure they are aware of new and/or increased risks, practices, protocols, health and safety requirements and other precautions.
9. The Hospital should establish an organization-specific phased work plan for restarting activities (i.e., clinical care, operations, education and research) consistent with these principles and considerations. In tandem, the Hospital should also consider a contingency plan for reducing or reinitiating a pause on activities, should a second wave of the pandemic occur or there is significant impact to organizational capacity (stable supply of PPE, medications, Health Human Resources, COVID cases). These plans should be reviewed and approved by appropriate organizational governance (e.g., Board of Trustees, CEO, Provost, etc.).
10. The Hospital should establish audit procedures to ensure safety recommendations are being followed, and if needed, make the appropriate decisions to pause and pull-back any activities again in the event of a resurgence.
11. Hospital orientation for learners should be adjusted to both address new and emerging needs such as requirements for PPE during and post COVID-19 pandemic, occupational health and safety requirements and wellness supports, as well as transition to virtual delivery if needed.
12. The Hospital should ensure that supervisors, preceptors and any pertinent staff are available and have capacity to support and oversee learners.
13. The Hospital should use the Reintegration to Clinical Environments (RICE) Assessment Framework ([Table 1](#); [Table 2](#)) to guide preparedness planning in hospital departments, professions and units (including but not limited to; staff readiness/capacity, continuing education, PPE availability and training, orientation, physical space, changes in clinical practice and policies, etc.).

Individual Academic Institution

1. The Academic Institution should adhere to all applicable local, provincial and federal public health guidelines, directions from Ontario Health, and regulatory body directives (as appropriate) in the planning and sequencing of reintegrating learners.
2. The Academic Institution should ensure alignment with existing affiliation agreements and contracts with Hospitals.
3. The Academic Institution should develop modified hospital placement opportunities (i.e., revisions to curriculum, exploration of alternative placements, etc.) in collaboration with Hospital education leaders, in order to integrate other roles and experiences that could satisfy program requirements while ensuring changes (e.g., changed learning objectives, scheduling of placements, etc.) are reasonably achievable and abide by changes in Hospital policies and clinical practice.
4. The Academic Institution should ensure additional preparation for learners prior to reintegration into hospital-based placements to ensure they are aware of new and/or increased risks, practices, protocols, health and safety requirements and other precautions.
5. The Academic Institution should have workplace accommodation policies and processes in place for learners who may not be able to participate in hospital placements due to pandemic activities, with alternative opportunities for completion of placement activities.
6. The Academic Institution should ensure appropriate resources for learners to support successful transition back into the hospital environment (i.e., mental health and wellbeing, peer and faculty support). An equitable approach will take into account the diverse cultural and social supports that different groups will need when being reintegrated to ensure fairness and sustained success.
7. The Academic Institution should use the Learner Prioritization Template ([Table 4](#)) to determine learner needs for completion of placements.

Approach to Reintegration of Learners

This section offers a phased approach to the reintegration of learners for Hospitals and Academic Institutions to adapt and adopt in their local context. The suggested phases below are designed to inform planning efforts of individual organizations. Organizations may have different numbers of phases, timelines and/or different targets for volumes and occupancy, depending on their unique circumstances. All phases are *reversible and/or could be accelerated* should external or internal circumstances change.

Additionally, hospitals are encouraged to use the Reintegration to Clinical Environments (RICE) Assessment Framework ([Table 1](#); [Table 2](#)) to guide preparedness planning in hospital departments, professions and units. In alignment, Academic Institution should use the Learner Prioritization Template ([Table 4](#)) to support program planning efforts, determine learner needs for completion of placements and inform collaborations.

This phased approach offers reintegration in 4 phases for organizational consideration:

- Phase 0 – Planning and Preparation;
- Phase 1 – Initial recovery of in-person educational activities for learners with target volumes established by organization;
- Phase 2 – Further recovery of in-person educational activities for learners with target volumes established by organization;
- Phase 3 – Recovery of in-person educational activities with target learner volumes established by organization based on onsite-capacity. This is essentially running at full learner/educational capacity but, in practice, day to day onsite learner volumes may be down as learners may be involved in virtual and simulated learning opportunities.

Throughout the phases, virtual opportunities may be maintained as local capacity allows, increasing overall capacity for placements. This phased approach enables hospitals to reintegrate learners safely and effectively, while appreciating local capacity and needs. This offers flexibility and adaptability for local context.

To restart any learner activities, factors such as the spread of COVID-19 and the ability to implement protective and preventative measures in the hospitals should be considered:

- a. Sufficient acute and critical care capacity, including workforce and supervisor capacity for reintegrating and overseeing learners.
- b. Confirmed critical supplies, including PPE which is targeted for a rolling 30-day stock on-hand, that includes the current usage rate plus the forecasted additional academic recovery requirements.
- c. The organization's overall ability to mitigate a resurgence.
- d. Physical distancing directives must be adhered to as learners are reintegrated.
- e. Reintegration of learners must align with recovery of clinical and operational activities to ensure meaningful contributions aligned with learning objectives.

Phase 0: Current State & Planning

Estimated Timeframe: - up to July 6 2020

- To inform decision-making, each organization should ensure development of recovery plans for all recovery activities, including a process for monitoring and reporting activities. This will inform when to proceed, and when to slow down progress.
- Virtual learning experiences for all learner groups should continue and be scaled and maximized within the context of the [TAHSNe Principles for Virtual Learning Opportunities](#) designed to support Hospitals and Academic Institutions in identifying and providing areas of opportunity for learners to support virtual care of patients and families, and/or complete other virtual non-patient care learning (e.g. projects) as part of placement activities.
- Collaborate, share learnings from emerging initiatives (e.g., special projects, virtual learning, virtual orientation.) and identify opportunities to harmonize across the network (e.g., communications, resources).
- Onboarding of incoming cohort of Residents and Fellows should be prioritized in this phase.
- Ensure Residents, Clinical Fellows and Learners with employment relationships with the Hospital who were redeployed to other units or organizations receive appropriate onboarding/orientation to home unit and other necessary supports (e.g., EMR access, supervisor information, etc.).
- As a component of planning, Hospitals should complete the Reintegration to Clinical Environments (RICE) Feasibility Assessment and Planning Tool ([Table 1](#); [Table 2](#)) in relevant areas, and where possible, maintain oversight of readiness across the Hospital (e.g., heat maps). Academic Institutions should complete the Learner Prioritization Template ([Table 4](#)) and should maintain an up-to-date version as learners are reintegrated.

Phase 1: Initial recovery of in-person educational activities for learners

Estimated Timeframe: Beginning July 6 2020

During this phase, learner volumes in a given area may be restricted based on recovery of clinical and operational activities. Target volumes may vary by organization.

- Virtual learning opportunities should continue to be scaled and maximized, where possible.
- Maximize hospital-based simulation activities as modified placements to achieve clinical competencies, where possible.
- Prioritization of Category 1 learners (see [Table 4](#)): Advanced learners who require placements in order to complete their academic programs and graduate on time (or approximately on time), and where eligibility for licensure may be impacted. These individuals are advanced health professional learners that add value and optimize clinical care and/or operational/corporate areas that are beginning to recover.
- The Hospital should monitor for readiness using the Reintegration to Clinical Environments (RICE) Assessment Framework ([Table 1](#); [Table 2](#)) to determine preparedness for phase 2.
- The Academic Institution should refer and maintain the Learner Prioritization Template ([Table 4](#)) to determine learner needs during this phase and as recovery progresses.

Phase 2: Increasing learner volumes for in-person educational activities

Estimated Timeframe: Beginning September 2020

During this phase, learner volumes in a given area may be restricted based on recovery of clinical and operational activities. Target volumes may vary by organization.

- Continue to scale and maximize virtual learning opportunities and hospital-based simulation activities to achieve learning objectives.
- Prioritization of Category 2 learners (see [Table 4](#)): Learners who require placements in order to be promoted to their next year of education.
- The Hospital should monitor for readiness using the Reintegration to Clinical Environments (RICE) Assessment Framework ([Table 1](#); [Table 2](#)) to determine preparedness for phase 3.
- The Academic Institution should refer and maintain the Learner Prioritization Template ([Table 4](#)) to determine learner needs during this phase and as recovery progresses.

Phase 3: The New “Normal”

Estimated Timeframe: while Covid-19 remains a community health risk that requires principles of physical distancing and increased critical supply use (e.g., PPE).

During this phase onsite learner volumes in a given area may be restricted based on recovery of clinical and operational activity. Target volumes may vary by organization. This is essentially running at full learner/educational capacity but, in practice, day to day onsite learner volumes may be down as learners may be involved in virtual learning opportunities or simulation-based activities.

- Continue to scale and maximize virtual learning opportunities and hospital-based simulation activities to achieve learning objectives.
- All learners should be prioritized in this phase. The Hospital should monitor for readiness using the Reintegration to Clinical Environments (RICE) Assessment Framework ([Table 1](#); [Table 2](#)).
- The Academic Institution should refer and maintain the Learner Prioritization Template ([Table 4](#)) to determine learner needs during this phase and as recovery progresses.

Individual Hospital




Table 1: Reintegration to Clinical Environments (RICE) Feasibility Assessment for reintegrating learner activities during the COVID-19 Pandemic

As a first step, hospitals should complete the RICE Feasibility Assessment to ensure key assessment criteria have been considered.

Feasibility Assessment Complete the Feasibility Assessment to ensure key criteria are considered before moving forward with planning for reintegration of learners. Where barriers exist, they are discussed, and risks are mitigated before moving forward. Continue to complete the Feasibility Assessment on a frequent basis to monitor key criteria.				
	Criteria Met	Discussion Required		
1. Do Executives endorse reintegration of learners into organizational activities?				
2. Have the organization and academic institution agreed to proceed with reintegration of learners into placements?				
3. Do all learners and organizations (hospital & academic institutions) have coverage should the learner contract COVID-19 (e.g., liability)?				
4. Do you have a plan developed for rapid ramp-down of learner activity, should future circumstances warrant (e.g., increasing rate of COVID-19 rates, depleted supply of PPE)?				
5. *Do clinical/operational/discipline-specific leaders endorse reintegration of learners into specific clinical/work areas?				
6. *Does your organization have a stable supply of PPE to allocate to learners as well as to respond to any future pandemic wave (e.g., rolling 30-day target of stock on-hand)?				
7. *Does your organization have adequate capacity of human health resources (e.g. supervisors, preceptors) to allocate to learners as well as to respond to any future pandemic wave?				
8. *Have enough patient/client service activities recovered to provide a valuable learning experience for learners?				
9. *Does your organization have adequate technological infrastructure and resources to allocate to learners as well as to respond to any future pandemic wave?				
Your responses to the feasibility assessment will lead to one of the following actions:				
<table border="0"> <tr> <td style="vertical-align: top;"> a. If you marked “Criteria Met” for all the items in the Feasibility Assessment: <ul style="list-style-type: none"> • You are ready to continue planning for next phase of learner reintegration • Proceed to Table 2 to complete the RICE Planning Tool • Continue to complete the items marked with an asterisk* on a bi-weekly basis (and others as appropriate for local context) </td> <td style="vertical-align: top; padding-left: 20px;"> b. If you marked “Discussion Required” for any item in the Feasibility Assessment: <ul style="list-style-type: none"> • Where barriers exist, they are discussed, and risks are mitigated before moving forward with further planning • Proceed to Table 3 to review the next steps in collaboration with members in your organization and academic institution leadership </td> </tr> </table>			a. If you marked “Criteria Met” for all the items in the Feasibility Assessment: <ul style="list-style-type: none"> • You are ready to continue planning for next phase of learner reintegration • Proceed to Table 2 to complete the RICE Planning Tool • Continue to complete the items marked with an asterisk* on a bi-weekly basis (and others as appropriate for local context) 	b. If you marked “Discussion Required” for any item in the Feasibility Assessment: <ul style="list-style-type: none"> • Where barriers exist, they are discussed, and risks are mitigated before moving forward with further planning • Proceed to Table 3 to review the next steps in collaboration with members in your organization and academic institution leadership
a. If you marked “Criteria Met” for all the items in the Feasibility Assessment: <ul style="list-style-type: none"> • You are ready to continue planning for next phase of learner reintegration • Proceed to Table 2 to complete the RICE Planning Tool • Continue to complete the items marked with an asterisk* on a bi-weekly basis (and others as appropriate for local context) 	b. If you marked “Discussion Required” for any item in the Feasibility Assessment: <ul style="list-style-type: none"> • Where barriers exist, they are discussed, and risks are mitigated before moving forward with further planning • Proceed to Table 3 to review the next steps in collaboration with members in your organization and academic institution leadership 			

Table 2: Reintegration to Clinical Environments (RICE) Planning Tool for guiding planning for reintegration of learners during the COVID-19 Pandemic

After completing the Feasibility Assessment, hospitals should collaborate with appropriate contributors (e.g., academic institutions, clinicians) to identify potential barriers and mitigate risks for proceeding with creating a plan to enter the next phase of learner reintegration, using the **RICE Planning Tool** as a guide. **Given the highly complex nature of the academic healthcare system, this framework is a guide to aid in collaborative decision making.** Organizations are encouraged to adapt and adopt this planning tool to suit local context, including removal and/or adding of questions as they emerge.

Date		Rating Legend
Name / Role		
Contributors (e.g., clinicians, education/practice leaders, academic partners, occupational health and safety, Infection prevention and control, communications, unit managers, legal, leadership)		
		Yes, proceed 
		Maybe, caution 
		No, not ready 

	Rating	Comments
1. Patient Care		
a. Would the presence of learners in the clinical environment assist in the provision of patient/client care at this time?		
b. Would learners be able to provide valuable service and supports to teams (profession-specific or non-profession specific) as part of their learning experience?		
c. Can processes/policies be put in place so that learners will not increase the risks within the clinical environment (e.g., disease transmission)?		
d. What support is required, and can we provide it to enable student engagement in virtual care (where applicable)?		
Comments/Considerations		
2. Resources		
a. Do our clinicians/staff have the supports needed to supervise learners in the coming months?		
b. Is physical space available to accommodate learners (e.g., teaching rooms, cubicles, break rooms, change spaces, lockers, etc.)?		
c. Are there enough computers to support electronic documentation while maintaining physical distancing?		
d. Is there a work from home policy and secure network resources available to support learners in virtual learning (where applicable)?		
e. As applicable, is there appropriate technology (e.g., computer, headset, microphone, Wi-Fi, bandwidth) available for involvement of learners in virtual practice?		
f. As applicable, is there an appropriate environment for involvement of learners in virtual practice that maintains patient privacy/confidentiality and projects a professional environment?		

Comments/Considerations		
3. Safety & Wellbeing		
a. Have onboarding requirements changed and is there a process to include in learner orientation?		
b. Are other critical supplies (e.g., hand sanitizer, masks) available for learner use?		
c. Recognizing that some small risk is inherent in any placement, are processes/policies in place so that learners will not be exposed to risks considered above the “norm”, or be without protections and considerations that would be reasonably expected?		
d. Do you have clarity around what the learners can do with respect to COVID patients?		
e. Are Hospital Occupational Health & Safety processes in place to protect and support learners who may be exposed to COVID-19?		
f. Are processes/resources available to learners to support their wellbeing during and after reintegration?		
g. Do we have internal communication mechanisms that ensure our learners are aware of safety and practice changes?		
Comments/Considerations		
4. Flexibility & Creativity		
a. Have alternate methods of supervision been considered e.g. virtual, multiple supervisors, other professions?		
b. Do you have a plan developed for rapid ramp-down of learner activity, should future circumstances warrant (e.g., increasing rate of COVID-19 patients, depleted supply of PPE)?		
c. Have work from home options been made available for learners, where appropriate?		
Comments/Considerations		
5. Learning & Supervision		
a. Have unit-specific orientations been adapted to reflect new hospital policies and processes related to operating during and post-COVID?		
b. As applicable, will learners be appropriately trained and supervised in virtual modes of care and learning?		
c. Can continued teaching and oversight of learners be provided?		
d. Are there appropriate processes and resources in place for supervisors to support them with learner reintegration and enable high-quality learning for learners?		
e. Can supervisors provide opportunities for learners to achieve their educational requirements?		
f. Can each learner be assessed to a degree needed to address learning objectives for the placement?		
g. Should a supervisor no longer be available (e.g., redeployment, illness), is there an alternative supervisor available?		
Comments/Considerations		

6. Fairness & Equity		
a. Is the reintegration of learners respectful of the conditions stipulated in the affiliation agreements of all academic partners?		
b. Have clear messages been crafted and disseminated to staff, supervisors, patients/families and supervisors outlining the reintegration/removal process and available supports?		
c. In collaboration with our academic partners, has a clear message been crafted and disseminated to all learners outlining the reintegration/removal process and available supports?		
Comments/Considerations		
Final Comments/Considerations		
<p>After reviewing and completing the planning tool with appropriate contributors, consider communicating and collaborating with:</p> <p><u>Academic Institutions</u></p> <ul style="list-style-type: none"> Review and seek support to mitigate the items that are flagged for discussion in your planning tool, where appropriate (e.g., modified placements) Review Table 4: Learner Prioritization Template to support planning and align (where possible) with program needs <p><u>Leadership</u></p> <ul style="list-style-type: none"> Review and seek support to mitigate the items that are flagged for discussion in your planning tool Confirm that the supply of required PPE and is available to support your plan for reintegration of learners If appropriate, explore opportunities for reintegration of learners that require lower resources (e.g., simulation-based activities, virtual opportunities) Obtain confirmation from leadership on your plan for reintegration of learners Monitor this list of planning considerations to assess the impact of COVID-19 in your local context and ensure your plans are adjusted accordingly (scaling back if needed) As you move forward with reintegration of learners, keep leadership updated on your assessments and ongoing progress Review and discuss opportunities to support regional planning and equitable learner reintegration 		

Table 3: Next Steps for organizations that are not ready to begin the next phase of learner reintegration during COVID-19

Next Steps	
If you marked “Discussion Required” for any item of the Feasibility Assessment, do not immediately proceed with further planning for learner reintegration. Where barriers exist, they are discussed, and risks are mitigated before planning can move forward. Communicate and collaborate with your organizational and academic institution leadership to complete the following:	
Review the items that are marked “Discussion Required” and seek support to mitigate any immediate needs/barriers.	
If appropriate, seek regional support to redistribute your learners to other healthcare environments.	
Reassess the items in the feasibility assessment on a weekly basis to ensure any planning is adjusted accordingly.	

Individual Academic Institution

Professional programs at each Academic Institution should complete Table 4 to support program planning efforts and identify immediate and future learner needs. Once complete, this table may be shared with individual healthcare organizations to support individualized planning and collaborations for resumption of learner activities, both virtual and in-person. Academic Institutions are encouraged to consider:

- Completion of the tool to capture all learners in the academic program to provide a fulsome overview of requirements to inform collaborations with healthcare organizations.
- Consider program specific timelines as they relate to the phases.
- Comment on the feasibility and number of learners that could be involved in virtual learning during Phase 0 and all other phases.
- Include number of learners usually placed between June 1 - December 31 and the length of the placement. Include dates and whether they are flexible.

Where possible, learner reintegration may be guided by learner categories, however, will ultimately be determined by healthcare organization’s capacity and needs.

Table 4: Learner Prioritization Template

Learner Category	Learner Requirements				
	Usual State (Pre-COVID)	Phase 0 <i>Recovery and ongoing Virtual Placements (where possible)</i>	Phase 1 <i>Recovery of in-person placements beginning July 6, 2020</i>	Phase 2 <i>Recovery of in-person placements beginning September 2020</i>	Phase 3 <i>Recovery of in-person placements while Covid-19 remains a community health risk</i>
<p>Category 1: Advanced learners who require placements in order to complete their academic programs and graduate on time (or approximately on time), and where eligibility for licensure may be impacted.</p> <p>Please indicate the final date that Category 1 learners would be required to complete placements in order to complete their academic programs and graduate on time. Date:</p>					
<p>Category 2: Learners who require placements in order to be promoted to their next year of education.</p>					
<p>Category 3: Learners who require placements as a component of their regularly scheduled curriculum.</p>					

Section Two: Restarting Research

Introduction

During the onset of the COVID-19 pandemic, TAHSN Research (TAHSNr) Committee had decided to scale-back non-essential research activities. Recently, various governments and industries have begun to contemplate and envision a phased approach to re-opening the economy, while mitigating the threat of resurgence and future waves.

The main concern of research leadership across TAHSN is to ensure the safety of our staff, trainees and patients during the COVID-19 pandemic, while beginning to plan for the eventual restart of the research activity. It was agreed that the re-opening of research labs would need to be done in a controlled and phased manner.

This document consists of three key sections to help organizations in establishing their processes for their respective recoveries:

1. **Guiding Principles:** highlights the overarching concepts guiding research recovery.
2. **Planning:** identifies organizational-level practices for organizations to consider.
3. **Phased Approach:** offers a phased-approach to restarting research (research recovery). The phased approach consists of 4 phases:
 - Phase 0 – Current state & planning
 - Phase 1 – Start to recover research activities
 - Phase 2 – Increase volume/ramp-up research activities
 - Phase 3 – The “new” normal

The purpose of this strategy is to inform and support organizations in their preparedness and planning efforts to restart research activities within their respective sites.

Guiding Principles for Restarting Research

Building on the [Guiding Principles for Academic Recovery](#), these additional principles are designed to guide decision-making and activities related to restarting research activities.

1. **Safety and Well-Being:** Safety and protection of staff, trainees and patients should be the underlying principle for developing a roadmap to restart research. All hospitals must take all necessary steps to ensure the safety of staff, learners and patients.
2. **Readiness:** Any reconvening of research will be dependent on the readiness of individual organizations to reopen their facilities. Individual organizations should review and sign-off on any plans to reopen according to their local circumstances.
3. **Resources & Capacity:** Organizational capacity (e.g., Personal Protective Equipment (PPE), people capacity and supports, physical space, ancillary services, etc.) must be available before the resumption of the academic recovery process. Recovery of any academic activity should not hinder or impede an organization’s ability to mitigate and handle a surge and provide care.
4. **Phases/Roadmap to Develop Research:** The reopening should be done in phases with respect to both the type of research and the volume of research. Roadmaps and phases will need to be informed and vetted by Infection Prevention & Control and Occupational Health, as well as by REB capacity. TAHSN members should each establish their own phased ‘back to work’ plan consistent with these principles, given the unique circumstances of each institution. Plans

should include detailed assessments of the safe numbers of staff and research trainees in specific research areas, the numbers of required support staff, core facilities, etc.

5. **Equity & Fairness:** Hospitals should aim to ensure equity through considering and recognizing intricacies unique to different groups and research settings as part of development of this strategy.
6. **Staff Screening:** Any testing/screening of staff returning to work should follow the same practices and recommendations of other organization staff (hospital workers etc.).
7. **Telework:** All staff, research trainees and all work that can continue to contribute from home should do so to the extent possible, and those that come in to campus and who can also work from home should be prepared to return to working from home if required (to lighten to load on organizational services).
8. **Prioritization of Staff:** TAHSN members should develop clear prioritization strategies to determine the timing with which workers and research trainees will return to their institutions during the phased research restart.
9. **Communication & Transparency:** Practices and decision-making for academic recovery should be clearly articulated to all stakeholders, such as staff, learners and patients.
10. **Flexibility, Creativity & Local Context:** Circumstances may shift as the situation unfolds (i.e., redeployment of staff, capacity changes, second pandemic wave), and may require flexibility in responding to research and education activities, where new approaches to education and research may be required. Each organization will respond and recover according to local context, setting, location, needs and organizational directions.
11. **Graduate Research Students/Research Trainees:** Organizations should coordinate efforts to facilitate reintegration of graduate students across sites, and potentially at offsite locations, especially if some research locations are delayed or staggered in opening due to institutional constraints. Organizations also should collaborate to provide consistent trainee experiences, sharing resources when possible. Efforts should ensure academic continuity and timely completion of studies, frequent communication, and flexibility in academic requirements. Open science principles should be embraced, supported, and expanded to enhance trainee research opportunities. Please refer to: [TAHSN: Principles for Summer Student and Facilitating Graduate Student Research](#).
12. **Monitoring:** TAHSN members should establish audit procedures to ensure safety recommendations are being followed, and if needed, make the appropriate decisions to pause and pull-back any activities again in the event of a resurgence.

Organizational Planning for Restarting Research

These planning items identify practices for organizations to consider in planning for restarting research.

This section identifies organizational practices for organizations to consider in preparing for restarting research.

1. Organizations should adhere to all applicable local, provincial, and federal public health guidelines, directions from Ontario Health, and regulatory body directives (as appropriate).
2. The Hospital should seek endorsement from the Hospital Leadership, Infection Prevention & Control Leads and Professional Practice Leaders on pertinent recovery plans.
3. In alignment with provincial directions, organizations should have clear policies and processes related to pandemic activities such as social distancing (e.g., limited persons per space), return to

work post-travel, work from home policies and occupational health and safety requirements (e.g., screening processes for new and returning staff and research trainees).

4. Organizations should ensure appropriate supply of Personal Protective Equipment (PPE) and other critical resources (e.g. hand sanitizer) in alignment with the organization's PPE conservation and use strategy, both during and post-pandemic.
5. Organizations should have, at minimum, a general sense of their staff/physician readiness, such as capacity, health and well-being.
6. Organizations should establish an organization-specific phased work plan for restarting Hospital activities, including clinical, education and research, consistent with these principles and recommendations. In tandem, organizations should also consider a contingency plan for reinitiating a pause on activities, if a second wave of the pandemic occur.
7. Organizations should adhere to the principles outlined in the [TAHSN: Principles for Summer Student and Facilitating Graduate Student Research](#), to ensure research trainees are appropriately integrated into their organizational planning.

Approach to Restarting Research

Based on Lunenfeld-Tanenbaum Research Institute (LTRI) plan, this section offers a suggested phased approach restarting research. Note that the precise phasing will vary across institutions depending on their unique circumstances.

Throughout the phases, virtual or remote opportunities may be maintained as local capacity allows.

This would enable researchers to ramp-up projects in order of priority as determined by each individual institution, including research trainee academic requirements, and most importantly, safely and effectively, while appreciating local capacity and needs. This offers flexibility and adaptability for local context.

All phases are reversible and/or could be accelerated in a given Hospital should external or internal circumstances change. Multiple bottle necks are anticipated such as key reagent/supply issues, access to clinical populations and funding concerns that will have to be mitigated as they occur.

Considerations for each phase/stage:

To restart any activities, factors such as the spread of COVID-19 and the ability to implement protective and preventative measures in the hospitals needs to be considered. Hospital Leadership, IPAC, Occupation Health and other key experts and stakeholders can potentially take the following criteria (at minimum) into consideration:

- A consistent decrease over a period of time in new daily COVID-19 cases, hospitalizations.
- Sufficient acute and critical care capacity.
- Sufficient PPE and critical supplies
- Organization's overall ability to mitigate a resurgence.
- Organization's capability of implementing and sustaining monitoring and testing efforts.

The following phased approach is meant to inform planning efforts of individual organizations. Timelines and capacities for each phase, as well as the number of phases will be dependent on local context, organizational needs and settings.

Phase 0 – Current status & planning (immediate planning for restarting research):

- This phase will entail organizational planning and ramping up preparedness for restarting research. The assumption for Phase 0 is that only essential staff is allowed to be onsite. Where possible, any research study should be conducted remotely.
- For the duration of Phase 0, any pause on non-essential research will continue. Non-essential research and/or clinical studies suspended due to the pandemic should be assessed at this stage for viability to continue vs restart.
- To inform decision-making, each organization should create a restart/recovery plan, and share it with other TAHSN members so that organizations can harmonize, where necessary.
 - *Refer to Appendix A for a checklist from LTRI and UHN as a potential tool for organizations to support the implementation of their plans.*
- Organizations should consider establishing surveillance and reporting mechanisms to monitor activities. This will help inform organizations on when to proceed, and when to slow down recovery, or to scale-back and pause.
- Using the equity principles, organizations to prioritize groups/staff to return to work for each phase. For research trainees, refer to [TAHSN: Principles for Summer Student and Facilitating Graduate Student Research](#).
 - It should be noted that the TAHSN Education (TAHSNe) Committee paused all academic (unpaid, clinical and non-clinical) learner placements in TAHSN Hospitals until July 6 2020.

Following measures to remain in effect and they are to be considered throughout the subsequent phases:

- Working from home: All staff and research trainees that can continue to contribute from home should do so, this includes essential staff that are coming into the organization to carry-out specific activities but who don't need to remain for the whole day.
- Staggered work start/finish times to avoid crowding in common areas such as lobbies and elevators. This will also enable staff and research trainees to avoid rush hours on public transit.
- Working in shifts: Depending on the kinds of activities and the areas involved, staff and research trainees should be encouraged to work in shifts, or on alternating days while continuing to work from home.
- Graduate students and staff well-being should be considered in each phase of the restarting process. This would include demands related to personal situation (i.e., health, childcare and care of family members, and changes in academic requirements/environments).

Phase 1 - Start to recover research activities

- During phase 1, areas can have an estimated ~20% of on-site occupancy at any one time.
- With the exception of essential research, this phase does not include opening of research spaces that are in patient care areas.
- Organizations should identify priority areas to ramp up research, which may include new COVID-19 research projects, projects with deadlines including requirements for research trainees', time-sensitive milestones.
- On-going monitoring of lab plans and staffing will be sustained.

Phase 2 – Increase volume/ramp-up research activities

- During this phase, areas can have an estimated ~**40%** of on-site occupancy at any given time.
- Continue to ramp-up research activities.
- Some dry labs will be able to move straight to Phase-3, if maintaining physical distancing is not an issue, or where working remotely makes up the significant component.
- On-going monitoring of physical distancing and other pertinent measures. Labs that are non-compliant will be moved to Phase-1 levels.

Phase 3 – The “new” normal

- While Covid-19 remains a community health risk, areas can reach their **organizational targeted occupancy % (suggested 50-60%)** at any one time. This is essentially running at full capacity but, in practice, day to day occupancy is down by 25-30% as people are encouraged to work from home when possible, to organize work bursts for experimental activities, staggered hours, and to move to collaborative efforts where possible.
- On-going monitoring of physical distancing and other pertinent measures. Labs that are non-compliant will be moved to Phase-1 or Phase-2.

Table 5: Check List for Restarting Research

To make our research restart successful, we ask that you review and consent to these measures	PI	Lab Manager/Lead	Research staff & trainees	Support Staff	Admin staff
I will develop a restart plan for my lab that will permit social distancing and follows the organizational restart policy/plan/protocol	X				
I will work with the Director of Operations or <insert lead> to continually monitor and modify the restart plan to ensure my staff are working safely	X				
I will POLITELY ensure the staff in my lab are following social distancing and following the approved Restart Plan	X				
I will encourage staff to work from home when possible	X				
I will stay home and contact Occupational Health if I develop a fever or respiratory symptoms <Provide Occ. Health Contact >	X	X	X	X	X
I will keep up to date with all org. emails and announcements of COVID-related policy changes	X	X	X	X	X
I will follow all org. return to work policies	X	X	X	X	X
I will wear my org. ID badge at all times	X	X	X	X	X
I will complete the pertinent safety module before returning to work	X	X	X	X	X
I will wash my hands and/or use hand sanitizer frequently and after touching common surfaces (photocopier, lab eqpt, etc.)	X	X	X	X	X
I will avoid touching my face	X	X	X	X	X
I will maintain social distancing as best I can in the lab, offices, and common areas	X	X	X	X	X

I will wear a mask when social distancing is not possible	X	X	X	X	X
I will wipe my computer and work station with an org. approved disinfectant at the start and end of work each day	X	X	X	X	X
I will wipe common equipment with a disinfectant before and after using	X	X	X	X	X
All my meetings with more than XX people will be held virtually	X	X	X	X	X
I will not congregate in groups > XX people, even during breaks	X	X	X	X	X
I will inform my PI/ Lab Manager/Director of Operations/Safety and/or any <insert role/group> if I have concerns or suggestions	X	X	X	X	X
I will wear proper PPE in accordance with org. protocols	X	X	X		
I will monitor supplies of organizational equipment in common areas and let the <Insert Role> know of shortages	X	X	X		

Resources

TAHSN: Principles for Virtual Learning Opportunities for Students

TAHSN: Principles for Summer Student and Facilitating Graduate Student Research

A Framework for Reopening our Province: <https://www.ontario.ca/page/reopening-ontario-after-covid-19>

Ontario Health: A Measured Approach to Planning for Surgeries and Procedures During the COVID-19 Pandemic

COFM Scorecard for Reintegration of Clerkship Learners (2020)

<https://www.mckinsey.com/industries/healthcare-systems-and-services/our-insights/from-wartime-to-peace-time-five-stages-for-healthcare-institutions-in-the-battle-against-covid-19>

Contributors

Thank you to the many individuals and groups for their leadership, guidance and thoughtful contributions to this report.

TAHSN Members: Baycrest Health Sciences, Centre for Addiction and Mental Health, Holland Bloorview Kids Rehabilitation, North York General Hospital, Sinai Health System, Sunnybrook Health Sciences Centre, The Hospital for Sick Children, Toronto East General Network, Trillium Health Partners, Unity Health Toronto, University Health Network, University of Toronto, Women’s College Hospital.

TAHSN Education Committee: Chaired by Jackie James, Sinai Health and Patricia Houston, University of Toronto (membership below)

TAHSN Research Committee: Chaired by Paula Rochon, Women’s College Hospital and Richard Hegele, University of Toronto (membership below)

TAHSNe Reintegration of Clinical Education Task Force: Led Kelly McMillen, The Hospital for Sick Children and Kathryn Parker, Holland Bloorview Kids Rehabilitation

TAHSNr Working Group on Restarting Research Activities: Led by Brad Wouters, University Health Network; Lori Ferris, University of Toronto and Jim Woodgett, Sinai Health

TAHSNr Working Group on Summer Students & Graduate Students: Led by Allison Sekuler, Baycrest Health Sciences and Allan Kaplan, University of Toronto

TAHSN Research Committee Membership

Name	Role	Institution
Richard Hegele <i>(Co-Chair)</i>	Vice Dean, Research and Innovation	University of Toronto
Paula Rochon <i>(Co-Chair)</i>	Vice-President, Research	Women's College Hospital
Judith Chadwick	Assistant Vice-President, Research Services	University of Toronto
Tom Chau	Vice-President, Research	Holland Bloorview Kids Rehabilitation Hospital
Jeff Powis	Director of Operational Excellence and Innovation	Michael Garron Hospital
Vivek Goel	Vice-President, Research & Innovation, and Strategic Initiatives	University of Toronto
Kullervo Hynynen	Vice-President, Research	Sunnybrook
Allan Kaplan	Vice Dean, Graduate and Academic Affairs Professor of Psychiatry	University of Toronto
Bruce Pollock	Vice-President, Research	Center for Addiction and Mental Health
Robert Reid	Senior Vice President, Science,	Trillium Health Partners
Ori Rotstein	Vice-President of Research and Innovation	Unity Health Toronto
Michael Salter	Chief of Research	The Hospital for Sick Children
Allison Sekuler	Vice President, Research	Baycrest
Michael Wood	Director, Office of Research and Innovation	North York General Hospital
James Woodgett	Director of Research	Sinai Health System
Bradley Wouters	Executive Vice President, Science & Research	University Health Network
Surbhi Kalia	Advisor	Toronto Academic Health Science Network

TAHSN Education Committee Membership

Name	Role	Institution
Jackie James (Co-Chair)	Vice President, Education	Sinai Health System
Patricia Houston (Co-Chair)	Vice-Dean, MD Program	University of Toronto
Linda Johnston	Dean, Lawrence S. Bloomberg Faculty of Nursing	University of Toronto
Golda Milo-Manson	Vice President, Medicine & Academic Affairs	Holland Bloorview Kids Rehabilitation Hospital
Peter Tzakas	Deputy Director, Medical Education	Michael Garron Hospital
Ari Zaretsky	Vice President, Education	Sunnybrook
Sanjeev Sockalingam	Vice President, Education	Center for Addiction and Mental Health
Alison Freeland	VP Quality, Education and Patient Relations,	Trillium Health Partners
Beverly Bulmer	Vice President, Education	Unity Health Toronto
Pam Hubley	Vice President of Education and Academic Practice & Chief of International Nursing	The Hospital for Sick Children
David Conn	Vice President, Education	Baycrest
Donna McRitchie	Vice President, Medical & Academic Affairs	North York General Hospital
Cynthia Whitehead	Vice President, Education	Women's College Hospital
Mandy Lowe	Senior Director of Clinical Education	University Health Network
Rebecca Kelsey	Advisor	Toronto Academic Health Science Network